



## **Spring Hill Swim Club Swim and Dive Registration**

**When?**

**Tuesday May 15<sup>th</sup> 4:00-6:00**

**Or**

**Sunday May 20<sup>th</sup> 3:00 - 5:00**

**Where?**

**Spring Hill Swim Club**

**AFTERNOON EVALUATIONS WILL BE DONE ON ALL  
NEW FAMILIES AND SWIMMERS WHO ARE 5  
AND 6 YEARS OLD THE LAST WEEK OF MAY!**

**Specific dates are TBA.**

### **Swim and Dive Practice**

**Morning practice will begin Tuesday May 29<sup>th</sup>.  
9 and over: 8:30-9:30    8 and under 9:15-10:15**

**Jr. Spartans 10:20 - 10:50**

**Divers may go to whichever practice best fits!**

## **Spartan Dive Team:**

**The Spartan Dive Team will have practice times that coincide with swim. Your diver may practice at any time 8:30 - 10:30!**

## **Jr. Spartans:**

**To be a Jr. Spartan, a child needs to be able to get in the pool without assistance from the parent and kick/swim past the flags.**

## **Spartan Swim Team:**

**To be a member of the Spartan Swim Team, a child needs to be able to swim a 25 freestyle without assistance.**