



**Come out and join us for
Swim* and Dive
Registration!!**

When?

Tuesday May 16th 4:30-6:30

Or

Sunday May 21st 4:30 - 6:30

Where?

Springhill Swim Club

AFTERNOON SWIM PRACTICE SCHEDULE*

May 23rd 5-6:00pm 5 and 6 year olds only

May 24th 5-6:00pm 7 and 8 year olds only

May 25th 5-6:00pm 9 and over only

***Please note the different swim options we have this year! Swim level will be determined by the coaches during the afternoon practices.**

Spartan Swim Team:

The Spartan Swim Team will be for swimmers who can swim the length of the pool unassisted in freestyle and backstroke.

Spartan Swim School:

Swim school is for those swimmers who are able to swim the length of the pool unassisted in freestyle only. The coaches will work diligently with these swimmers to get them moved up to the swim team!

Jr. Spartans:

This is for swimmers who are unable to swim the length of the pool without assistance.